

**OPD LIST**

07.04.2025

| DEPARTMENT                                                                                                 | Monday                                                                                                                                                                                                                                                                                                                              | Tuesday                                                                                                                       | Wednesday                                                                                                                             | Thursday                                                                                                                                                                                              | Friday                                                                                                                                | Saturday                                                                                                                      |
|------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| GENERAL MEDICINE                                                                                           | Dr Archana Bhat<br>Dr Swapna P K<br>Dr Jeffrey Lewis<br>Dr Shruthi Ashok Pai<br>Dr Renita Maria Sequeira                                                                                                                                                                                                                            | Dr Smitha Bhat<br>Dr Supriya P S<br>Dr Ganesh Nayak S<br>Dr Akshay K<br>Dr Lishal Anisha Misquith                             | Dr Prasanth.Y.M<br>Dr Sowmya Mathew<br>Dr Tushar Gopalakrishna<br>Dr Akshay Louis Dias<br>Dr Varsha Prabhu K<br>Dr Jeena John         | Dr Venkatesha B. M.<br>Dr Veenaa Jasmine Pinto<br>Dr Debora Sona Dsilva<br>Dr Kishay Louis Dias<br>Dr Varsha Prabhu K<br>Dr Jeena John                                                                | Dr Roshan M<br>Dr Anoop Joseph<br>Dr Spoorthi Ashok Pai<br>Dr Renier Borges<br>Dr Christel Sequeira                                   | Dr Akshatha Rao Aroor<br>Dr Srilakshmi M Prabhu<br>Dr Raina D Souza<br>Dr Akshath A Hegde<br>Dr Kshiti S Rai                  |
| GENERAL SURGERY                                                                                            | Dr Erel Anil Isidore Diaz<br>Dr Reshmina C Clara D Souza<br>Dr Martis Manohar Hadrian Mark<br>Dr Sanjana P Arjun<br>Dr Frana D Souza                                                                                                                                                                                                | Dr John Joseph S Martis<br>Dr Prathivi Shetty<br>Dr Vishnu V K                                                                | Dr Leo Francis Tauro<br>Dr Rohan Dsouza<br>Dr Vishnu S<br>Dr Jeevan Kumar                                                             | Dr Rakesh Rai A<br>Dr Shankar Gururaj Kollampare<br>Dr Kevin Alfred Samuel<br>Dr Niveda B R                                                                                                           | Dr Clement R S D Souza<br>Dr Vinoda Kumar B<br>Dr Diya Baju Parappatt<br>Dr Archana Sridhar Shet                                      | Dr Shubha N Rao<br>Dr Vishnu P S<br>Dr Jason Andrade                                                                          |
| OBG                                                                                                        | Dr Mahesha Navada H<br>Dr Prathima Prabhu<br>Dr Chethana Bolanthakodi<br>Dr Venita Roshal Fernandes<br>Dr Jyotsna Mirabel Coelho<br>Dr Lisa Melita Pinto<br>Dr Thameeza Farhath                                                                                                                                                     | Dr Sujaya V Rao<br>Dr Joylene Diana D Almeida<br>Dr Ektha M Shetty<br>Dr Vismaya Kaveri<br>Dr Diya Mathen<br>Dr Naina Fathima | Dr Deepa Kanagal V<br>Dr Shannon Francesca Fernandes<br>Dr Alveera D Souza<br>Dr Ambika Hegde<br>Dr Nikitha James<br>Dr Aysha         | Dr Mahesha Navada H<br>Dr Shannon Francesca Fernandes<br>Dr Chethana Bolanthakodi<br>Dr Venita Roshal Fernandes<br>Dr Vismaya Kaveri<br>Dr Diya Mathen<br>Dr Lisa Melita Pinto<br>Dr Thameeza Farhath | Dr Sujaya V Rao<br>Dr Joylene Diana D Almeida<br>Dr Ektha M Shetty<br>Dr Vismaya Kaveri<br>Dr Diya Mathen<br>Dr Naina Fathima         | Dr Deepa Kanagal V<br>Dr Shannon Francesca Fernandes<br>Dr Alveera D Souza<br>Dr Ambika Hegde<br>Dr Nikitha James<br>Dr Aysha |
| PAEDIATRICS                                                                                                | Dr Anil Shetty<br>Dr Praveen B K<br>Dr Kamhalabettu Zohara Parveen<br>Dr Jason Glen I D Souza                                                                                                                                                                                                                                       | Dr Shreedhara Avabratha Kadke<br>Dr Rashmi Alva<br>Dr Praveen Nayak K<br>Dr Sweta Shanbhag<br>Dr Deepthi Joella Fernandes     | Dr Pavan Hegde<br>Dr Habeeb Ullah Khan<br>Dr Preetham Philip Tauro                                                                    | Dr Anil Shetty<br>Dr Praveen B K<br>Dr Kamhalabettu Zohara Parveen<br>Dr Jason Glen I D Souza                                                                                                         | Dr Shreedhara Avabratha Kadke<br>Dr Rashmi Alva<br>Dr Praveen Nayak K<br>Dr Sweta Shanbhag<br>Dr Deepthi Joella Fernandes             | Dr Pavan Hegde<br>Dr Habeeb Ullah Khan<br>Dr Preetham Philip Tauro                                                            |
| ALLERGY ASTHMA & CHEST<br>PEDIATRIC HEMATO ONCO<br>NEONATOLOGY CLINIC HIGH RISK/ WELL BABY<br>PERINATOLOGY | Dr Jaidev M D<br>Dr Chandana Pai<br>Dr Praveen B K                                                                                                                                                                                                                                                                                  | Dr Praveen Nayak K                                                                                                            | Dr Jaidev M D<br>Dr Chandana Pai                                                                                                      | Dr Chandana Pai                                                                                                                                                                                       |                                                                                                                                       | Dr Jaidev M D                                                                                                                 |
| ORTHOPAEDICS                                                                                               | Dr Ronald Joseph Menezes<br>Dr Harsharaj K<br>Dr Calvin Troy Christopher Fernandes<br>Dr Akash Bhat M<br>Dr Sourabh N Chiplunkar                                                                                                                                                                                                    | Dr Prashant Upendra Acharya<br>Dr Kotedadi Ramprasad Rai<br>Dr George Joseph<br>Dr Amith Sridhar Alankar                      | Dr Vivian Roshan D' Almeida<br>Dr Ashwin Kamath<br>Dr Wilbur Leander Cutinho<br>Dr Alfred Manoj Lobo                                  | Dr Ronald Joseph Menezes<br>Dr Harsharaj K<br>Dr Calvin Troy Christopher Fernandes<br>Dr Akash Bhat M<br>Dr Sourabh N Chiplunkar                                                                      | Dr Prashant Upendra Acharya<br>Dr Kotedadi Ramprasad Rai<br>Dr George Joseph<br>Dr Amith Sridhar Alankar                              | Dr Vivian Roshan D' Almeida<br>Dr Ashwin Kamath<br>Dr Wilbur Leander Cutinho<br>Dr Alfred Manoj Lobo                          |
| SPINE SURGERY                                                                                              | Dr Mrinal B. Shetty/Dr Daivik T Shetty                                                                                                                                                                                                                                                                                              |                                                                                                                               | Dr Mrinal B. Shetty/Dr Daivik T Shetty                                                                                                |                                                                                                                                                                                                       | Dr Mrinal B. Shetty/Dr Daivik T Shetty                                                                                                |                                                                                                                               |
| HAND & MICRO SURGERY                                                                                       |                                                                                                                                                                                                                                                                                                                                     | Dr Latheesh Leo/Dr Shruthi Kanth S                                                                                            |                                                                                                                                       | Dr Latheesh Leo/Dr Shruthi Kanth S                                                                                                                                                                    |                                                                                                                                       | Dr Latheesh Leo/Dr Shruthi Kanth S                                                                                            |
| PSYCHIATRY                                                                                                 | Dr Siddharth Shetty A<br>Dr Chandini<br>Dr Ashwitha Melrine Carl<br>Dr Aishwarya Rao                                                                                                                                                                                                                                                | Dr Aruna Yadiyal<br>Dr Rashmi A<br>Dr Keerthana Nayak<br>Dr Justin Shawn Jason                                                | Dr Supriya Raghavendra Rao Aroor<br>Dr Rahul Rao M<br>Dr Gale Crasta<br>Dr Clinton Castelinio<br>Dr Divya R Nair                      | Dr Siddharth Shetty A<br>Dr Chandini<br>Dr Ashwitha Melrine Carl<br>Dr Aishwarya Rao                                                                                                                  | Dr Aruna Yadiyal<br>Dr Rashmi A<br>Dr Keerthana Nayak<br>Dr Justin Shawn Jason                                                        | Dr Supriya Raghavendra Rao Aroor<br>Dr Rahul Rao M<br>Dr Gale Crasta<br>Dr Clinton Castelinio<br>Dr Divya R Nair              |
| DERMATOLOGY                                                                                                | Dr Jacintha Martis<br>Dr Rochelle Cheryl Monteiro<br>Dr Jyothi Jayaraman<br>Dr Prajna Shetty<br>Dr Nagbhushan Hegde<br>Dr Sushmitha K                                                                                                                                                                                               | Dr Ramesh Bhat M<br>Dr Michelle Serene Fernandes<br>Dr Kiran<br>Dr Sonal Fernandes<br>Dr Jerome Joseph<br>Dr Rahul Nayak      | Dr Jacintha Martis<br>Dr Rochelle Cheryl Monteiro<br>Dr Jyothi Jayaraman<br>Dr Prajna Shetty<br>Dr Nagbhushan Hegde<br>Dr Sushmitha K | Dr Ramesh Bhat M<br>Dr Michelle Serene Fernandes<br>Dr Kiran<br>Dr Sonal Fernandes<br>Dr Jerome Joseph<br>Dr Rahul Nayak                                                                              | Dr Jacintha Martis<br>Dr Rochelle Cheryl Monteiro<br>Dr Jyothi Jayaraman<br>Dr Prajna Shetty<br>Dr Nagbhushan Hegde<br>Dr Sushmitha K | Dr Ramesh Bhat M<br>Dr Michelle Serene Fernandes<br>Dr Kiran<br>Dr Sonal Fernandes<br>Dr Jerome Joseph<br>Dr Rahul Nayak      |
| ENT                                                                                                        | Dr Kuldeep Francis Moras<br>Dr Savita Lasrado<br>Dr Deekshith Shetty<br>Dr Blessy B Prabha                                                                                                                                                                                                                                          | Dr Vinay Vaidyanathan Rao<br>Dr Mahesh Tulasidas Bhat<br>Dr Sweekritha N Bhat<br>Dr Sana<br>Dr Adhyasha Surendran             | Dr Kuldeep Francis Moras<br>Dr Savita Lasrado<br>Dr Deekshith Shetty<br>Dr Blessy B Prabha                                            | Dr Vinay Vaidyanathan Rao<br>Dr Mahesh Tulasidas Bhat<br>Dr Sweekritha N Bhat<br>Dr Sana<br>Dr Adhyasha Surendran                                                                                     | Dr Kuldeep Francis Moras<br>Dr Savita Lasrado<br>Dr Deekshith Shetty<br>Dr Blessy B Prabha                                            | Dr Vinay Vaidyanathan Rao<br>Dr Mahesh Tulasidas Bhat<br>Dr Sweekritha N Bhat<br>Dr Sana<br>Dr Adhyasha Surendran             |
| OPHTHALMOLOGY                                                                                              | Dr Sarita R J Lobo<br>Dr Vinay P G<br>Dr May D Souza<br>Dr Dilon Denis Noronha                                                                                                                                                                                                                                                      | Dr Sunayana Bhat<br>Dr Sripathi Kamath B<br>Dr Madhurima A Nayak<br>Dr Akshata Charlotte                                      | Dr Sarita R J Lobo<br>Dr Vinay P G<br>Dr May D Souza<br>Dr Akshata Charlotte                                                          | Dr Sunayana Bhat<br>Dr Sripathi Kamath B<br>Dr Madhurima A Nayak<br>Dr Akshata Charlotte                                                                                                              | Dr Sarita R J Lobo<br>Dr Vinay P G<br>Dr May D Souza<br>Dr Akshata Charlotte                                                          | Dr Sunayana Bhat<br>Dr Sripathi Kamath B<br>Dr Madhurima A Nayak<br>Dr Akshata Charlotte                                      |
| CARDIOLOGY                                                                                                 | Dr H. Prabhakar                                                                                                                                                                                                                                                                                                                     | Dr Pradeep Pereira                                                                                                            | Dr Jostol Pinto                                                                                                                       | Dr H. Prabhakar                                                                                                                                                                                       | Dr Pradeep Pereira                                                                                                                    | Dr Jostol Pinto                                                                                                               |
| Cardio thoracic surgery                                                                                    | Dr Anand K. T<br>Dr Suresh Pai ( ON CALL )                                                                                                                                                                                                                                                                                          |                                                                                                                               |                                                                                                                                       | Dr Anand K. T<br>Dr Suresh Pai ( ON CALL )                                                                                                                                                            |                                                                                                                                       |                                                                                                                               |
| DENTAL                                                                                                     | Dr Naveen Rao<br>Dr Jyothi K C Menezes<br>Dr Sowmya S Shetty<br>Dr Nanditha Hegde<br>Dr Gayathri S Rao                                                                                                                                                                                                                              | Dr Naveen Rao<br>Dr Jyothi K C Menezes<br>Dr Sowmya S Shetty<br>Dr Nanditha Hegde<br>Dr Gayathri S Rao                        | Dr Naveen Rao (OT)<br>Dr Jyothi K C Menezes<br>Dr Sowmya S Shetty<br>Dr Nanditha Hegde<br>Dr Gayathri S Rao                           | Dr Naveen Rao<br>Dr Jyothi K C Menezes<br>Dr Sowmya S Shetty<br>Dr Nanditha Hegde<br>Dr Gayathri S Rao                                                                                                | Dr Naveen Rao<br>Dr Jyothi K C Menezes<br>Dr Sowmya S Shetty<br>Dr Nanditha Hegde<br>Dr Gayathri S Rao                                | Dr Naveen Rao(OT)<br>Dr Jyothi K C Menezes<br>Dr Sowmya S Shetty<br>Dr Nanditha Hegde<br>Dr Gayathri S Rao                    |
| ENDOCRINOLOGIST                                                                                            | Dr Sudeep K/Dr Sakinya Hegde                                                                                                                                                                                                                                                                                                        | Dr Sudeep K/Dr Sakinya Hegde                                                                                                  | Dr Sudeep K/Dr Sakinya Hegde                                                                                                          | Dr Sudeep K/Dr Sakinya Hegde                                                                                                                                                                          | Dr Sudeep K/Dr Sakinya Hegde                                                                                                          | Dr Sudeep K/Dr Sakinya Hegde                                                                                                  |
| Gastroenterology Surgical                                                                                  | Dr Ganesh M K/ Dr Nagarjun Rao H T/ Dr Sagar Nambiar                                                                                                                                                                                                                                                                                | Dr Ganesh M K / Dr Sudheer K                                                                                                  | OT DAY                                                                                                                                | Dr Nagarjun Rao H T / Dr Sudheer K                                                                                                                                                                    | OT DAY                                                                                                                                | OT Day                                                                                                                        |
| Medical Oncology                                                                                           | Dr Nishitha Shetty/ Dr Andrea Rexy Salins                                                                                                                                                                                                                                                                                           | Dr Dinesh Shet /Dr Andrea Rexy Salins                                                                                         | Dr Nishitha Shetty/ Dr Andrea Rexy Salins                                                                                             | Dr Dinesh Shet / Dr Andrea Rexy Salins                                                                                                                                                                | Dr Nishitha Shetty / Dr Andrea Rexy Salins                                                                                            | Dr Dinesh Shet /Dr Andrea Rexy Salins                                                                                         |
| Nephrology                                                                                                 | Dr Manjunath J                                                                                                                                                                                                                                                                                                                      | Dr Amith V L D Souza                                                                                                          | Dr Ashwin S P                                                                                                                         | Dr Amith V L D Souza                                                                                                                                                                                  | Dr Manjunath J                                                                                                                        | Dr Ashwin S P                                                                                                                 |
| NEURO SURGERY                                                                                              | OT DAY                                                                                                                                                                                                                                                                                                                              | Dr Geover Joslen Lobo                                                                                                         | Dr Shashank Sharma                                                                                                                    | OT DAY                                                                                                                                                                                                | Dr Shashank Sharma                                                                                                                    | Dr Geover Joslen Lobo                                                                                                         |
| NEUROLOGY                                                                                                  | Dr Raghavendra B.S/Dr Vimala Christina Colaco K                                                                                                                                                                                                                                                                                     | Dr Chaitra S P / Dr Shishir Duble                                                                                             | Dr Vimala Christina Colaco K                                                                                                          | Dr Chaitra S P                                                                                                                                                                                        | Dr Raghavendra B.S                                                                                                                    | Dr Shishir Duble                                                                                                              |
| PAEDIATRIC SURGERY                                                                                         | Dr Kishan Shetty/Dr Jayateertha Joshi                                                                                                                                                                                                                                                                                               | OT DAY                                                                                                                        | Dr Kishan Shetty/Dr Jayateertha Joshi                                                                                                 | OT DAY                                                                                                                                                                                                | Dr Kishan Shetty/Dr Jayateertha Joshi                                                                                                 | OT Day                                                                                                                        |
| Plastic Surgery                                                                                            | Dr Aravind Lakshmana Rao / Dr Karthik Aithal                                                                                                                                                                                                                                                                                        | OT DAY                                                                                                                        | Dr Singhal Ashish Shivendra / Dr Gaurav Jain                                                                                          | OT DAY                                                                                                                                                                                                | Dr Aravind Lakshmana Rao / Dr Karthik Aithal                                                                                          | Dr Singhal Ashish Shivendra / Dr Gaurav Jain                                                                                  |
| RADIOTHERAPY                                                                                               | Dr Y Sanath Kumar Hegde/Dr Krishna Raj H K / Dr Tony Jacob                                                                                                                                                                                                                                                                          | Dr Sandesh Rao B/ Dr Lanisha Jolitha Sequeira / Dr Zalfa Abdul Azeez                                                          | Dr Y Sanath Kumar Hegde/Dr Krishna Raj H K / Dr Tony Jacob                                                                            | Dr Sandesh Rao B/ Dr Lanisha Jolitha Sequeira / Dr Zalfa Abdul Azeez                                                                                                                                  | Dr Y Sanath Kumar Hegde/Dr Krishna Raj H K / Dr Tony Jacob                                                                            | Dr Sandesh Rao B/ Dr Lanisha Jolitha Sequeira / Dr Zalfa Abdul Azeez                                                          |
| Radio Diagnosis                                                                                            | Dr Ram Shenoy Basti / Dr H.B. Suresh/ Dr Krishna Kiran S/ Dr Anto J Richie / Dr Berton Craig Monteiro / Dr Mahesh / Dr Siddhant B Shetty/ Dr Jennifer D Souza/ Dr Sanath Kumar N/ Dr Muralidhar G K/Dr Dakshayini H S/ Dr Soujanya Mynalli Braggs/ Dr Carl Prem Trevor Colaco/ Dr Rimsha Afnan/ Dr Saahvar Shetty/ Dr Zeena D Souza |                                                                                                                               |                                                                                                                                       | Dr Sanath Kumar N/ Dr Muralidhar G K/Dr Dakshayini H S/ Dr Soujanya Mynalli Braggs/ Dr Carl Prem Trevor Colaco/ Dr Rimsha Afnan/ Dr Saahvar Shetty/ Dr Zeena D Souza                                  |                                                                                                                                       |                                                                                                                               |
| SURGICAL ONCOLOGY                                                                                          | Dr Jnaneshwari Jayaram                                                                                                                                                                                                                                                                                                              | Dr Rohanchandra R Gatty /Dr Kumar S Vashist/ Dr Alphonsa Mary Job                                                             | Dr Elroy Saldanha                                                                                                                     | Dr Rohanchandra R Gatty /Dr Kumar S Vashist/ Dr Alphonsa Mary Job                                                                                                                                     | Dr Jnaneshwari Jayaram                                                                                                                | Dr Elroy Saldanha                                                                                                             |
| PAIN CLINIC                                                                                                | Dr Anantha Srikrishna Somayaji                                                                                                                                                                                                                                                                                                      |                                                                                                                               | Dr Divya Vincent                                                                                                                      |                                                                                                                                                                                                       | Dr Anantha Srikrishna Somayaji                                                                                                        |                                                                                                                               |
| UROLOGY                                                                                                    | Dr Suyog Shetty<br>Dr Abheesh Varma Hegde M<br>Dr Shreyas N M                                                                                                                                                                                                                                                                       | Dr Prashanth Adiga K<br>Dr Nandakishore B<br>Dr Kishan Raj K                                                                  | Dr Suyog Shetty<br>Dr Abheesh Varma Hegde M<br>Dr Shreyas N M                                                                         | Dr Prashanth Adiga K<br>Dr Nandakishore B<br>Dr Kishan Raj K                                                                                                                                          | Dr Suyog Shetty<br>Dr Abheesh Varma Hegde M<br>Dr Shreyas N M                                                                         | Dr Prashanth Adiga K<br>Dr Nandakishore B<br>Dr Kishan Raj K                                                                  |
| Gastroenterology Medical                                                                                   | Dr Rifat Abdul Aziz                                                                                                                                                                                                                                                                                                                 |                                                                                                                               | Dr Rifat Abdul Aziz                                                                                                                   |                                                                                                                                                                                                       | Dr Rifat Abdul Aziz                                                                                                                   |                                                                                                                               |
| RESPIRATORY MEDICINE                                                                                       | Dr Srishankar / Dr Dharmma U Shetty                                                                                                                                                                                                                                                                                                 | Dr Ajithr P A / Dr Carishma S                                                                                                 | Dr Srishankar / Dr Ajithr P.A                                                                                                         | Dr Dharmma U Shetty/ Dr Carishma S                                                                                                                                                                    | Dr Srishankar / Dr Carishma S                                                                                                         | Dr.Ajithr P A/Dr Dharmma U Shetty                                                                                             |
| Rheumatology                                                                                               | Dr Sahana G                                                                                                                                                                                                                                                                                                                         | Dr Sahana G                                                                                                                   |                                                                                                                                       | Dr Sahana G                                                                                                                                                                                           | Dr Sahana G                                                                                                                           |                                                                                                                               |
| Interventional Radiologist                                                                                 | Dr Lenon Jason Dsouza/ Dr Mandeep Sagar G T/ Dr Arjharan K                                                                                                                                                                                                                                                                          |                                                                                                                               |                                                                                                                                       |                                                                                                                                                                                                       |                                                                                                                                       |                                                                                                                               |
| Clinical Psychology                                                                                        | Ms. S. Malarmathi                                                                                                                                                                                                                                                                                                                   | Mrs Deeksha Ekanand<br>Ms Jewel Treasa Jomy<br>Ms Savina Sushanthi Soans                                                      | Ms. S. Malarmathi                                                                                                                     | Mrs. Deeksha Ekanand<br>Ms. Jewel Treasa Jomy<br>Ms Savina Sushanthi Soans                                                                                                                            | Ms. S. Malarmathi                                                                                                                     | Mrs. Deeksha Ekanand<br>Ms. Jewel Treasa Jomy<br>Ms Savina Sushanthi Soans                                                    |
| Psychaitric Social Worker                                                                                  | Mrs. Devi Venugopal                                                                                                                                                                                                                                                                                                                 |                                                                                                                               | Mrs. Devi Venugopal                                                                                                                   |                                                                                                                                                                                                       | Mrs. Devi Venugopal                                                                                                                   |                                                                                                                               |